

Pick your plan.

8 affordable choices make it easy to find a plan that fits your family's needs and budget.



Choose from these 4 plans for **health plus dental** coverage:

Base Health & Dental Plan

Bronze Health & Dental Plan

Silver Health & Dental Plan

Gold Health & Dental Plan

Silver and Gold Health & Dental Plans

include coverage for:

- Dental Care
- Prescription Drugs
- Homecare and Nursing
- Emergency Travel
- Hospital



Or, choose from these 4 plans for **dental** coverage:

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Gold Dental Plan

All 4 dental plans include coverage for:

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- Accidental Dental
- Hearing Aids

Plus, all 8 plans give you coverage for:

- Vision Care
- Registered Specialists and Therapists
- Ambulance Services

Without coverage?

Employer plan doesn't provide enough coverage?

Self employed?



Help when you need it most:
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TELUS Health Virtual Care¹

Included in your plan is unlimited 24/7 access to health care professionals, clinical screening, mental health assessments, prescription refills and more

TELUS LivingWell Companion or TELUS SmartHome Security¹

- 6 months every 3 years for one of these services
- LivingWell Companion – Get live access to a trained operator for emergency assistance 24 hours a day, 7 days a week. Includes an optional fall detector.
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2023 Monthly Rates for Alberta

Individual Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
18-44	\$89.60	\$113.70	\$142.10	\$184.00
45-54	\$103.00	\$134.00	\$161.50	\$228.80
55-59	\$105.90	\$140.20	\$169.70	\$235.40
60-64	\$109.80	\$145.40	\$183.70	\$249.30
65-69	\$111.30	\$139.70	\$175.80	\$236.60
70-79	\$116.10	\$143.20	\$189.30	\$248.10
80-89	\$120.00	\$150.10	\$198.20	\$262.20
90+	\$169.10	\$184.50	\$262.60	\$329.40

Couple Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
18-44	\$73.40	\$97.40	\$126.40	\$167.00
45-54	\$86.30	\$115.90	\$144.70	\$210.10
55-59	\$88.70	\$121.80	\$152.20	\$216.10
60-64	\$93.10	\$126.60	\$165.40	\$229.40
65-69	\$93.80	\$121.00	\$157.90	\$218.00
70-79	\$98.90	\$124.90	\$171.70	\$228.60
80-89	\$102.10	\$131.70	\$179.10	\$241.70
90+	\$148.90	\$164.40	\$242.30	\$307.40

1 to 2 Children Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
0-4	\$28.40	\$33.70	\$39.70	\$52.10
5-20	\$41.20	\$53.70	\$67.00	\$101.20

3+ Children Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
0-4	\$25.60	\$30.40	\$35.10	\$47.00
5-20	\$37.20	\$48.90	\$60.70	\$91.20

Costs for Dental plus Base Core Benefits

Individual and Couple Cost Per Month Per Person

Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
Single	\$80.30	\$91.30	\$98.80	\$139.20
Couple	\$65.60	\$78.00	\$85.60	\$125.00

1 to 2 Children Cost Per Month Per Person

Age Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
0-4	\$18.70	\$18.90	\$19.10	\$24.60
5-20	\$34.70	\$37.60	\$43.40	\$73.50

3+ Children Cost Per Month Per Person

Age Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
0-4	\$16.70	\$16.80	\$17.20	\$22.60
5-20	\$31.30	\$33.60	\$38.90	\$66.40

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2023 Monthly Rates for British Columbia

Individual Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
18-44	\$92.00	\$116.20	\$147.00	\$193.60
45-54	\$107.40	\$139.00	\$164.60	\$239.30
55-59	\$108.20	\$144.90	\$183.90	\$249.30
60-64	\$115.30	\$151.00	\$201.40	\$269.70
65-69	\$118.60	\$151.00	\$200.90	\$267.80
70-79	\$123.30	\$159.20	\$223.70	\$287.40
80-89	\$128.60	\$166.90	\$242.60	\$321.80
90+	\$187.80	\$219.90	\$340.00	\$427.90

Couple Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
18-44	\$77.40	\$100.50	\$132.20	\$176.50
45-54	\$91.00	\$121.00	\$148.20	\$220.50
55-59	\$92.10	\$126.20	\$166.00	\$230.60
60-64	\$98.10	\$132.90	\$183.00	\$249.40
65-69	\$101.00	\$131.70	\$182.00	\$247.30
70-79	\$105.60	\$138.50	\$204.10	\$265.80
80-89	\$110.60	\$146.50	\$221.40	\$299.50
90+	\$167.40	\$196.40	\$314.80	\$400.90

1 to 2 Children Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
0-4	\$31.50	\$37.50	\$45.50	\$59.80
5-20	\$45.90	\$59.60	\$74.90	\$112.90

3+ Children Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
0-4	\$28.80	\$33.80	\$40.80	\$53.50
5-20	\$41.00	\$53.60	\$67.30	\$101.70

Costs for Dental plus Base Core Benefits

Individual and Couple Cost Per Month Per Person

Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
Single	\$86.40	\$98.90	\$105.90	\$151.20
Couple	\$72.20	\$84.70	\$92.80	\$136.40

1 to 2 Children Cost Per Month Per Person

Age Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
0-4	\$20.30	\$20.40	\$20.60	\$26.80
5-20	\$37.90	\$41.60	\$47.60	\$80.40

3+ Children Cost Per Month Per Person

Age Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
0-4	\$17.90	\$18.20	\$19.00	\$24.30
5-20	\$34.40	\$37.40	\$43.10	\$72.40

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2023 Monthly Rates for Manitoba

Individual Cost Per Month Per Person				
Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
18-44	\$89.40	\$111.50	\$142.80	\$185.60
45-54	\$110.30	\$134.90	\$160.90	\$231.10
55-59	\$115.90	\$142.80	\$178.90	\$243.50
60-64	\$121.50	\$152.30	\$192.90	\$262.60
65-69	\$136.50	\$159.80	\$204.50	\$275.40
70-79	\$144.20	\$170.50	\$224.90	\$298.50
80-89	\$149.30	\$182.60	\$239.80	\$337.30
90+	\$193.80	\$221.70	\$316.60	\$423.80

Couple Cost Per Month Per Person				
Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
18-44	\$75.30	\$96.30	\$128.40	\$169.40
45-54	\$94.50	\$118.60	\$145.30	\$212.50
55-59	\$99.10	\$125.40	\$161.80	\$224.90
60-64	\$105.40	\$133.70	\$175.30	\$243.60
65-69	\$118.50	\$140.70	\$186.40	\$255.20
70-79	\$126.00	\$150.90	\$206.20	\$277.60
80-89	\$130.50	\$161.80	\$220.80	\$314.60
90+	\$173.30	\$200.50	\$294.70	\$398.30

1 to 2 Children Cost Per Month Per Person				
Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
0-4	\$35.40	\$39.70	\$47.70	\$63.70
5-20	\$43.70	\$56.20	\$70.80	\$108.20

3+ Children Cost Per Month Per Person				
Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
0-4	\$31.70	\$35.10	\$42.40	\$57.40
5-20	\$39.50	\$50.60	\$64.00	\$97.10

Costs for Dental plus Base Core Benefits

Individual and Couple Cost Per Month Per Person				
Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
Single	\$77.00	\$88.10	\$94.90	\$132.10
Couple	\$63.40	\$75.10	\$82.80	\$118.80

1 to 2 Children Cost Per Month Per Person				
Age Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
0-4	\$16.20	\$16.40	\$16.90	\$22.90
5-20	\$31.90	\$36.00	\$41.90	\$73.00

3+ Children Cost Per Month Per Person				
Age Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
0-4	\$14.70	\$14.80	\$15.60	\$20.30
5-20	\$29.20	\$32.40	\$37.90	\$65.30

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2023 Monthly Rates for New Brunswick

Individual Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
18-44	\$96.50	\$121.00	\$153.20	\$201.40
45-54	\$118.70	\$146.10	\$177.00	\$249.20
55-59	\$123.80	\$153.10	\$197.20	\$261.70
60-64	\$132.00	\$164.40	\$216.30	\$285.00
65-69	\$146.80	\$175.00	\$233.10	\$301.00
70-79	\$157.40	\$190.90	\$264.30	\$332.70
80-89	\$164.90	\$210.60	\$298.20	\$384.70
90+	\$233.90	\$279.00	\$413.10	\$518.70

Couple Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
18-44	\$81.30	\$105.30	\$138.30	\$185.20
45-54	\$102.10	\$128.60	\$160.30	\$231.10
55-59	\$106.90	\$134.80	\$178.90	\$242.90
60-64	\$114.30	\$145.10	\$198.20	\$265.30
65-69	\$128.20	\$155.30	\$214.10	\$279.70
70-79	\$137.90	\$170.10	\$244.00	\$310.80
80-89	\$145.00	\$189.00	\$276.30	\$360.40
90+	\$210.90	\$253.70	\$387.40	\$489.40

1 to 2 Children Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
0-4	\$38.60	\$43.20	\$52.10	\$68.90
5-20	\$48.60	\$62.50	\$78.90	\$118.40

3+ Children Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
0-4	\$34.20	\$38.70	\$47.50	\$62.20
5-20	\$43.60	\$56.00	\$70.70	\$106.70

Costs for Dental plus Base Core Benefits

Individual and Couple Cost Per Month Per Person

Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
Single	\$85.90	\$96.00	\$104.10	\$145.20
Couple	\$71.90	\$82.60	\$91.10	\$131.50

1 to 2 Children Cost Per Month Per Person

Age Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
0-4	\$18.10	\$18.60	\$19.20	\$25.60
5-20	\$36.60	\$41.00	\$46.50	\$80.20

3+ Children Cost Per Month Per Person

Age Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
0-4	\$16.50	\$16.60	\$17.20	\$23.00
5-20	\$32.90	\$36.30	\$42.10	\$72.30

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2023 Monthly Rates for Newfoundland and Labrador

Individual Cost Per Month Per Person				
Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
18-44	\$91.60	\$115.70	\$146.90	\$190.90
45-54	\$111.90	\$134.90	\$167.80	\$231.70
55-59	\$116.30	\$144.80	\$185.80	\$247.30
60-64	\$123.50	\$152.90	\$204.20	\$269.00
65-69	\$136.70	\$161.90	\$220.10	\$280.90
70-79	\$144.80	\$175.90	\$247.70	\$309.20
80-89	\$152.20	\$191.80	\$277.50	\$359.10
90+	\$218.40	\$253.70	\$386.00	\$466.90

Couple Cost Per Month Per Person				
Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
18-44	\$78.30	\$100.00	\$132.00	\$174.80
45-54	\$96.50	\$118.80	\$151.50	\$214.40
55-59	\$100.50	\$126.50	\$168.70	\$228.70
60-64	\$106.80	\$134.30	\$185.90	\$249.30
65-69	\$118.50	\$142.90	\$201.20	\$261.00
70-79	\$126.50	\$155.80	\$227.70	\$287.70
80-89	\$133.00	\$171.70	\$256.60	\$335.70
90+	\$196.50	\$230.00	\$361.00	\$440.40

1 to 2 Children Cost Per Month Per Person				
Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
0-4	\$25.70	\$28.60	\$36.20	\$45.90
5-20	\$46.00	\$58.90	\$74.20	\$112.50

3+ Children Cost Per Month Per Person				
Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
0-4	\$23.00	\$26.10	\$32.50	\$41.20
5-20	\$41.40	\$53.00	\$67.00	\$101.20

Costs for Dental plus Base Core Benefits

Individual and Couple Cost Per Month Per Person				
Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
Single	\$84.10	\$95.20	\$102.10	\$142.40
Couple	\$70.30	\$81.30	\$89.50	\$128.50

1 to 2 Children Cost Per Month Per Person				
Age Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
0-4	\$8.60	\$8.70	\$8.80	\$8.90
5-20	\$35.50	\$38.80	\$45.30	\$77.50

3+ Children Cost Per Month Per Person				
Age Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
0-4	\$7.50	\$7.60	\$7.70	\$7.80
5-20	\$31.80	\$35.10	\$41.20	\$70.00

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Individual Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
18-44	\$92.50	\$116.10	\$148.20	\$191.30
45-54	\$114.00	\$140.70	\$167.80	\$231.70
55-59	\$118.50	\$147.00	\$185.90	\$247.90
60-64	\$125.90	\$155.50	\$206.50	\$273.60
65-69	\$105.20	\$131.70	\$182.90	\$232.90
70-79	\$110.10	\$137.00	\$201.40	\$256.40
80-89	\$116.20	\$143.20	\$219.30	\$287.20
90+	\$180.40	\$194.30	\$309.60	\$391.80

Couple Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
18-44	\$78.50	\$100.60	\$133.00	\$175.30
45-54	\$97.90	\$123.40	\$151.50	\$214.50
55-59	\$101.90	\$129.40	\$169.10	\$228.80
60-64	\$109.40	\$137.20	\$188.60	\$253.80
65-69	\$89.10	\$114.20	\$165.30	\$215.30
70-79	\$93.70	\$119.90	\$183.30	\$238.00
80-89	\$99.40	\$125.70	\$200.70	\$266.20
90+	\$160.60	\$174.40	\$288.20	\$367.60

1 to 2 Children Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
0-4	\$27.50	\$30.80	\$38.50	\$46.20
5-20	\$46.00	\$58.90	\$74.20	\$111.10

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Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
0-4	\$25.30	\$27.40	\$34.80	\$41.30
5-20	\$41.40	\$53.00	\$67.00	\$100.10

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Individual and Couple Cost Per Month Per Person

Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
Single	\$81.50	\$91.30	\$98.80	\$136.40
Couple	\$67.40	\$78.50	\$86.40	\$123.10

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Age Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
0-4	\$8.50	\$8.60	\$8.70	\$8.80
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Age Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
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- 6 months every 3 years for one of these services
- LivingWell Companion – Get live access to a trained operator for emergency assistance 24 hours a day, 7 days a week. Includes an optional fall detector.
- SmartHome Security – Get home security and home monitoring from your smartphone

¹ Manulife cannot guarantee the availability of this benefit indefinitely.

2023 Monthly Rates for Ontario

Individual Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
18-44	\$96.20	\$129.50	\$165.80	\$225.10
45-54	\$122.50	\$161.40	\$195.00	\$284.50
55-59	\$127.10	\$170.70	\$228.40	\$304.70
60-64	\$134.00	\$180.30	\$258.00	\$340.70
65-69	\$110.50	\$142.60	\$227.70	\$301.00
70-79	\$111.90	\$148.40	\$256.60	\$331.80
80-89	\$113.70	\$150.90	\$283.50	\$371.30
90+	\$149.40	\$171.50	\$350.20	\$435.80

Couple Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
18-44	\$82.90	\$113.30	\$149.70	\$206.80
45-54	\$107.40	\$142.60	\$177.20	\$264.10
55-59	\$111.60	\$150.70	\$209.00	\$283.90
60-64	\$118.40	\$159.80	\$237.60	\$317.80
65-69	\$94.90	\$124.60	\$208.60	\$279.50
70-79	\$97.40	\$129.40	\$236.50	\$309.20
80-89	\$98.50	\$132.40	\$261.70	\$347.20
90+	\$133.30	\$152.60	\$326.70	\$409.50

1 to 2 Children Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
0-4	\$41.40	\$48.40	\$60.60	\$79.90
5-20	\$51.00	\$67.30	\$85.70	\$131.60

3+ Children Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
0-4	\$37.20	\$43.20	\$54.50	\$72.10
5-20	\$45.80	\$60.80	\$77.50	\$118.20

Costs for Dental plus Base Core Benefits

Individual and Couple Cost Per Month Per Person

Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
Single	\$82.10	\$97.10	\$105.90	\$161.80
Couple	\$68.80	\$82.80	\$92.80	\$146.70

1 to 2 Children Cost Per Month Per Person

Age Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
0-4	\$19.50	\$19.80	\$20.50	\$28.10
5-20	\$37.60	\$42.40	\$49.70	\$89.40

3+ Children Cost Per Month Per Person

Age Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
0-4	\$17.20	\$17.40	\$18.90	\$25.20
5-20	\$33.90	\$38.50	\$44.80	\$80.30

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Pick your plan.

8 affordable choices make it easy to find a plan that fits your family's needs and budget.



Choose from these 4 plans for **health plus dental** coverage:

Base Health & Dental Plan

Bronze Health & Dental Plan

Silver Health & Dental Plan

Gold Health & Dental Plan

Silver and Gold Health & Dental Plans

include coverage for:

- Dental Care
- Prescription Drugs
- Homecare and Nursing
- Emergency Travel
- Hospital



Or, choose from these 4 plans for **dental** coverage:

Base Dental Plan

Bronze Dental Plan

Silver Dental Plan

Gold Dental Plan

All 4 dental plans include coverage for:

- Homecare and Nursing
- Accidental Dental
- Hearing Aids

Plus, all 8 plans give you coverage for:

- Vision Care
- Registered Specialists and Therapists
- Ambulance Services

Without coverage?

Employer plan doesn't provide enough coverage?

Self employed?



Help when you need it most:
that's included too.

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2023 Monthly Rates for Prince Edward Island

Individual Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
18-44	\$95.90	\$118.70	\$152.90	\$198.60
45-54	\$118.40	\$145.90	\$172.90	\$246.00
55-59	\$122.10	\$153.00	\$194.20	\$257.10
60-64	\$129.80	\$160.50	\$212.10	\$283.80
65-69	\$118.40	\$146.90	\$201.20	\$264.00
70-79	\$123.50	\$155.40	\$221.30	\$281.50
80-89	\$131.00	\$161.90	\$239.70	\$312.70
90+	\$198.20	\$215.50	\$334.00	\$420.90

Couple Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
18-44	\$81.30	\$103.00	\$137.20	\$182.50
45-54	\$101.60	\$127.70	\$156.40	\$227.00
55-59	\$105.60	\$134.50	\$176.40	\$238.10
60-64	\$113.30	\$142.30	\$194.30	\$263.60
65-69	\$101.20	\$128.60	\$183.10	\$244.80
70-79	\$106.50	\$136.60	\$202.90	\$261.50
80-89	\$113.60	\$143.20	\$220.40	\$291.40
90+	\$176.90	\$194.20	\$311.60	\$395.60

1 to 2 Children Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
0-4	\$27.90	\$31.20	\$38.90	\$49.30
5-20	\$48.30	\$62.30	\$77.60	\$117.30

3+ Children Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
0-4	\$25.50	\$28.10	\$35.00	\$44.50
5-20	\$43.40	\$55.90	\$70.20	\$105.70

Costs for Dental plus Base Core Benefits

Individual and Couple Cost Per Month Per Person

Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
Single	\$86.10	\$97.40	\$104.20	\$145.00
Couple	\$72.20	\$83.90	\$91.50	\$131.50

1 to 2 Children Cost Per Month Per Person

Age Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
0-4	\$8.60	\$8.70	\$8.80	\$8.90
5-20	\$36.70	\$41.30	\$47.00	\$80.30

3+ Children Cost Per Month Per Person

Age Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
0-4	\$7.50	\$7.60	\$7.70	\$7.80
5-20	\$33.00	\$36.70	\$42.20	\$72.30

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2023 Monthly Rates for Saskatchewan

Individual Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
18-44	\$84.70	\$105.50	\$137.20	\$178.20
45-54	\$105.10	\$130.30	\$155.40	\$219.00
55-59	\$110.30	\$136.60	\$176.60	\$232.00
60-64	\$116.10	\$145.10	\$192.90	\$252.10
65-69	\$116.80	\$139.10	\$188.20	\$240.40
70-79	\$124.60	\$151.50	\$213.50	\$266.00
80-89	\$127.60	\$165.40	\$239.30	\$307.00
90+	\$161.50	\$200.20	\$307.40	\$383.40

Couple Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
18-44	\$70.70	\$90.70	\$122.70	\$162.20
45-54	\$89.20	\$113.10	\$139.20	\$201.90
55-59	\$94.50	\$119.20	\$159.60	\$214.70
60-64	\$100.00	\$127.10	\$175.30	\$232.90
65-69	\$101.20	\$122.10	\$172.10	\$222.90
70-79	\$108.10	\$133.60	\$196.40	\$247.80
80-89	\$111.50	\$147.20	\$221.00	\$287.10
90+	\$143.30	\$180.40	\$286.80	\$360.50

1 to 2 Children Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
0-4	\$33.60	\$38.20	\$47.40	\$61.30
5-20	\$40.50	\$52.30	\$66.80	\$100.60

3+ Children Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
0-4	\$30.70	\$34.10	\$42.10	\$55.60
5-20	\$36.50	\$47.70	\$60.40	\$90.30

Costs for Dental plus Base Core Benefits

Individual and Couple Cost Per Month Per Person

Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
Single	\$71.60	\$81.00	\$87.50	\$123.00
Couple	\$58.40	\$68.80	\$76.30	\$109.80

1 to 2 Children Cost Per Month Per Person

Age Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
0-4	\$14.80	\$14.90	\$15.60	\$20.50
5-20	\$29.20	\$32.40	\$38.20	\$66.20

3+ Children Cost Per Month Per Person

Age Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
0-4	\$13.20	\$13.30	\$13.70	\$18.90
5-20	\$25.90	\$29.30	\$34.10	\$59.30

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2023 Monthly Rates for Northwest Territories, Nunavut and Yukon

Individual Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
18-44	\$98.80	\$124.30	\$137.60	\$183.20
45-54	\$98.80	\$124.30	\$152.70	\$227.90
55-59	\$98.80	\$125.60	\$163.10	\$233.40
60-64	\$98.80	\$125.60	\$178.40	\$250.60
65-69	\$102.10	\$125.60	\$177.20	\$248.00
70-79	\$102.10	\$125.60	\$191.90	\$259.00
80-89	\$102.10	\$124.30	\$200.20	\$281.10
90+	\$102.10	\$124.30	\$248.30	\$322.60

Couple Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
18-44	\$83.10	\$108.00	\$123.20	\$167.50
45-54	\$83.10	\$108.00	\$136.80	\$210.10
55-59	\$83.10	\$108.80	\$146.50	\$215.50
60-64	\$83.10	\$108.80	\$161.30	\$231.70
65-69	\$86.50	\$108.80	\$160.90	\$229.00
70-79	\$86.50	\$108.80	\$174.70	\$239.70
80-89	\$86.50	\$108.00	\$182.80	\$260.80
90+	\$86.50	\$108.00	\$264.70	\$349.20

1 to 2 Children Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
0-4	\$21.40	\$23.40	\$31.00	\$43.80
5-20	\$45.50	\$58.50	\$73.80	\$119.60

3+ Children Cost Per Month Per Person

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
0-4	\$19.00	\$21.60	\$27.70	\$39.50
5-20	\$40.50	\$52.30	\$66.80	\$108.10

Costs for Dental plus Base Core Benefits

Individual and Couple Cost Per Month Per Person

Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
Single	\$93.60	\$105.20	\$115.20	\$166.90
Couple	\$79.00	\$91.10	\$102.60	\$152.30

1 to 2 Children Cost Per Month Per Person

Age Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
0-4	\$20.40	\$20.50	\$21.60	\$29.20
5-20	\$43.10	\$47.20	\$55.00	\$96.40

3+ Children Cost Per Month Per Person

Age Group	Base Dental	Bronze Dental	Silver Dental	Gold Dental
0-4	\$18.10	\$18.70	\$19.70	\$26.50
5-20	\$38.40	\$42.40	\$49.60	\$87.00

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